

Preschool



MONDAY

Beef Pork Turkey
Chicken Vegetarian Fish

TUESDAY

1
Popcorn Chicken & Cheez
Itz
Seasoned Black Beans
Bananas
Catsup

WEDNESDAY

2
Turkey Combo Burrito
Romaine Salad
Grapes
Ranch Dressing

THURSDAY

3
Green Chicken Pozole
w/Tortilla Chips
Shredded Cabbage
Lemon Slices

FRIDAY

4
Mac & Cheese w/ Roll
Romaine Salad
Pears
Ranch Dressing

Creamy Curry Chicken w/Rice

7
Carrot Sticks
Applesauce
Ranch Dressing

Italian Pasta Bake

8
Romaine Salad
Bananas
Ranch Dressing

Chicken Tenders

9
BBQ Beans
Grapes
Ranch Dressing
Catsup

Turkey & Cheese Grinders

10
Fruit Mix
Jicama Sticks

3-Bean Deluxe Nachos w/Cheese

11
Celery Sticks
Sliced Apples
Ranch Dressing

Fish Sticks

14
French Fries
Pears
Catsup

Cheesy Beef Meatballs w/Marinara

15
Romaine Salad
Bananas
Ranch Dressing

Chicken Corn Dogs

16
Carrot Sticks
Grapes
Ranch Dressing

Cheeseburger Buddies

17
Romaine Salad
Orange Slices
Ranch Dressing

Creamy Alfredo Penne

18
Carrot Sticks
Sliced Apples
Ranch Dressing

Walking Beef Tacos

21
Shredded Lettuce
Sliced Apples

Orange Chicken w/Chow Mein

22
Fresh Broccoli
Bananas
Ranch Dressing

Beef Lasagna

23
Romaine Salad
Grapes
Ranch Dressing

Cheese Pizza

24
Romaine Salad
Sliced Pears
Ranch Dressing

Cheesy Quesadillas

25
Seasoned Pinto Beans
Peaches

Teriyaki Beef Dippers w/Rice

28
Fresh Broccoli
Sliced Apples
Ranch Dressing

Chicken Sandwich

29
Seasoned Black Beans
Bananas
Catsup

Green Chicken Enchilada Casserole

30
Romaine Salad
Grapes
Ranch Dressing

Red (Turkey) Pozole w/Tortilla Chips

31
Shredded Cabbage
Lemon Slices

Halloween



October 14 – 18 is National School Lunch Week! President John F. Kennedy created National School Lunch Week (NSLW) in 1962 to promote the importance of a healthy school lunch in a child's life and the impact it has inside and outside of the classroom.

